



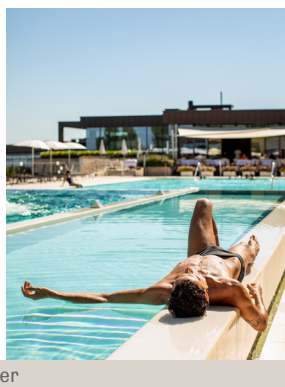
Varsana SPA - health & wellness

Varsana SPA is a wellness oasis of over 4000 sqm/43.055 sqft, which finds its highest form of inspiration in nature, offering guests an authentic immersive experience in the land through water, treatments and customized rituals.

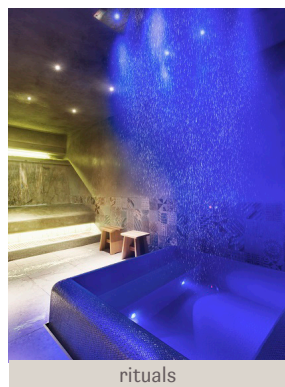
A multisensory experience in search of total well-being of mind and body, thanks to the traditional spa path, outdoor pools and private spa.



water



OUTDOOR POOLS



rituals

ARS VIVENDI PRIVATE SPA



cabin

TREATMENTS AND MESSAGES



BEAUTY LINE VARSANA SPA

An exclusive wellness path along 2300 sqm/24.756 sqft, where you can regenerate your body and mind, finding time for yourself.

2100 sqm/22.604 sqft of outdoor spaces with 7 outdoor swimming pools overlooking the magical hilly landscapes surrounding the resort.

Two places dedicated to the art of living well, where to find paths of emotional healing, abandonment of the senses, and vocation to discovery.

Tradition and innovation come together in the hands of the wellness professionals of the Varsana SPA.

13 natural cosmetics made from the raw materials of our agricultural estate that has always put nature at the center.

TRADITIONAL PROGRAM



Rooms	sqm/sqft	depth max m/ft	T °C / °F	humidity
Indoor and outdoor pool	205/2206	1,8/6	32° /89°	-
Kneipp path	18/193	1,2/3,9	18° - 28° /64° - 82°	-
Music therapy pool	22/236	1,35/4,4	32° /89°	-
Turkish bath	12/129	-	45-50° /113-122°	100%
Mediterranean Sauna	11/118	-	40° /104°	40 - 60%
Finnish Sauna	16/172	-	80 - 95° /176 - 203°	10 - 15%
Cava d'Oro Bianco	12/129	-	38° /100°	35%
Grotta dei Calanchi	11/118	-	26° /78°	35%
*Crystal Pool with salt water	140/1506	1,4/4,5	28 - 34° /82 - 93°	-
*Crystal Pool II	156/1679	1,4/4,5	28 - 34° /82 - 93°	-

The traditional program lasts 3 hours and gives access to:

- Emotional showers
- Ice waterfall
- Relaxation room with a herbal tea corner
- Swimming lane

*In the summer period, Crystal Pool and Crystal Pool II are integrated into the exterior spaces thanks to a telescopic cover

Access to Varsana SPA is not allowed to children under 16

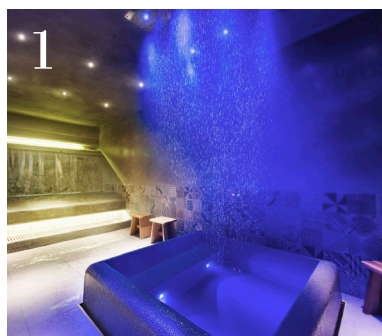
OUTDOOR POOLS



Outdoor pools		sqm/sqft	depth max m/ft	T °C /°F
Aurevo Pool	single pool	208/2238	1,80/6	28° /82°
Crystal Pool	2 pools: hypersaline pool with Jacuzzis – swimming lane	140/1506	1,40/4,50	28 - 34° / 82 - 93°
Crystal Pool II	3 pools: play pool for children – Jacuzzis – double swimming lane	156/1679	1,40/4,50	28 - 34° /82 - 93°
Terraced Pool 1	infinity pool with glass wall	36,8/397	1,40/4,5	28° /82°
Terraced Pool 2	pool with cold water	12,8/137,7	1,40/4,5	28° /82°
Roses Infinity Pool*	Pool with Jacuzzi area -reserved for guests staying in “Le Terrazze” building	99/1065	1,40/4,50	28 - 30° /82 - 86°
Olives Infinity Pool*	Pool with Jacuzzi area -reserved for guests staying in “Le Terrazze” building	99/1065	1,40/4,50	28 - 30° /82 - 86°

ARS VIVENDI - PRIVATE SPA

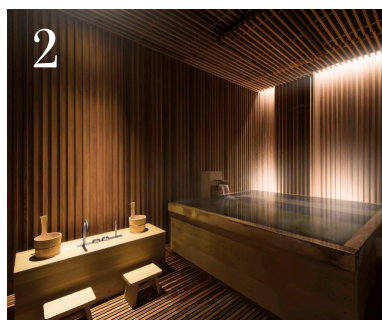
Two journeys – through time and space – to treat yourself following the culture of the people who reached a wellness state through different rituals. We selected them to offer our guests new paths towards harmony and the pleasure of living: between mind and body.



1 Hammam | 53 sqm/570 sqft

Pool: 86°F Temperature
Turkish Bath: 113°F Temperature/ 100% Humidity

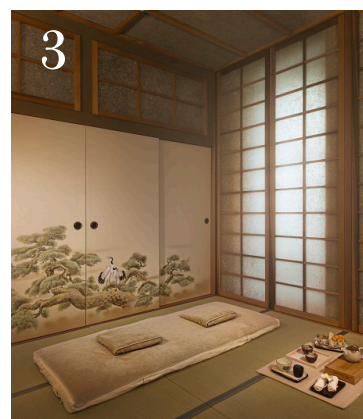
The Hammam is a place where purification is the pivotal concept of the journey. The path starts from the Turkish bath with about a 15 minutes stay, which helps detoxify the skin and prepares the pores for the traditional savonage, the application of black soap, an olive oil-based soap that cleanses in depth. The typical Kassa glove, then passed over the entire body with a scrub effect, removes dead skin cells and completely renews the skin. Next, we let ourselves be enveloped by the cascade of 93°F warm water that massages and regenerates, and we relax in the tub, with a light refreshing drizzle.



2 Ofuro | 22 sqm/236 sqft

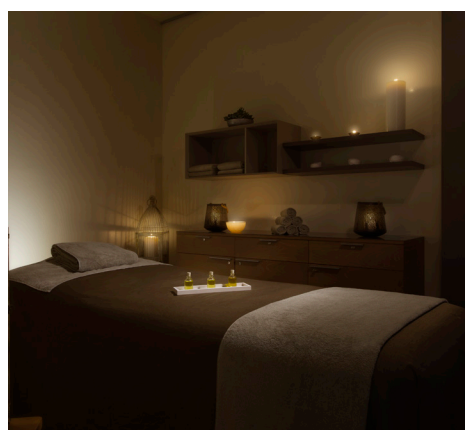
Pool: 102°F Temperature

Soft and minimal atmosphere of the ancient Japanese Ryokan. Wood, rice paper, tatami mats and warm traditional Japanese tubs made of hinoki wood give guests a meditative experience of peace and spiritual well-being. Two Ofuro rooms in which first the body and then the spirit are purified, thanks to the relaxation achieved by immersion in hot water at about 102°. Before the immersion, a bamboo face and body scrub is provided to cleanse the skin.



3
The path ends in the futon room to enjoy an excellent Sencha Makoto green tea, prepared according to the ancient Japanese tradition.

TREATMENTS AND MASSAGES



Varsana SPA offers a wide choice of treatments and massages dedicated to personal wellness, using only high quality products and a involving a team of specialized therapists.

- 3 single cabins | TALIA - IRIS - DAFNE |
- 8 mq /26 sqft - 12 mq /39 sqft - 10 mq /32 sqft
- 1 hand/foot/massage single cabin | NINFA | 10 mq/32 sqft
- 1 SPA Suite | SALUS | 27 mq /88,5 sqft
- 1 double cabin | EBE | 18 mq /59 sqft
- 2 single cabins for duo use as well | RYOKAN and RIAD | 22,35 mq /73,3 sqft
- 1 single cabin for water treatments | OLEASTER | 9 mq /29 sqft
- 1 Thai/Ritual tee cabin | CHA NO YU | 17 mq /55 sqft

SPA BRANDS: Biopeptix, Vitalis Dr. Joseph, Varsana SPA



BEAUTY LINE VARSANA SPA



Founded in 2021 in collaboration with our agricultural estate, the Varsana SPA brand beauty line consists of 13 products belonging to 4 natural lines: olive oil, pomegranate, saffron and Sangiovese.

The cosmetics of Palazzo di Varignana reflect the vision of Palazzo di Varignana, for which wellness is a holistic journey that embraces the whole person, from nutrition to beauty. The combination of natural ingredients with advanced cosmetic techniques creates a common thread between the human beauty and the balance of nature.

Cosmetic products are also featured in a series of new signature face and body treatments, proposed by Varsana SPA. The active ingredients are amplified by the massage technique, giving moments of well-being and relaxation.



Olive oil

- Elasticizing body balm
- Elasticizing body emulsion
- Elasticizing body oil
- Body scrub
- Body mud



Pomegranate

- Detox face exfoliant
- Anti-aging/Anti-pollution face mask
- Anti-aging face serum
- Anti-aging/Anti-pollution face cream
- Body scrub



Sangiovese wine

- Men's Anti-aging face gel
- Energizing face and body mist



Saffron

- Face cleanser

SIGNATURE TREATMENTS



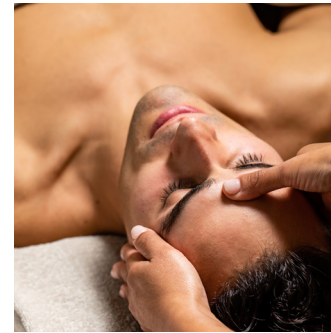
Olive oil ritual massage

Delicate face and body ritual with a strong nourishing action thanks to the properties of olive oil brushed on the whole body, followed by a massage with our olive oil based moisturizing emulsion.



Tranquillity massage

The revolutionary ritual designed to rebalance our body and spirit and guide it towards a relaxing evening, to enjoy the restorative benefits of a healthy, quiet and deep sleep.



Sangiovese hydrated skin

Anti-aging facial treatment for men, for skins that need to fight the signs of aging. The treatment is completed by a relaxing head massage.



Fresh legs

Refreshing and elasticizing treatment based on pomegranate extract produced by Palazzo di Varignana dedicated to the legs.



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